

Simple Living for Teens

XSI 2015

Outline

- I. Definition
- II. Biblical argument
- III. Application for teens

I. Definition

- Contentment with worries of the world to be free to strive for spiritual progress
 - o Worries of the world
 - o Spiritual progress

II. Biblical Argument

Contentment with worries of the world

Ps 131:1-2 My heart is not proud, O LORD,
my eyes are not haughty;
I do not concern myself with great matters
or things too wonderful for me.
2 But I have stilled and quieted my soul;
like a young child with its mother,
like a young child is my soul within me.

Ps 46:10 "Cease striving and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Prov 30:8-9 Keep deception and lies far from me,
Give me neither poverty nor riches;
Feed me with the food that is my portion,
9 That I not be full and deny You and say, "Who is the LORD?"
Or that I not be in want and steal,
And profane the name of my God.

1 Tim 6:6-8 But godliness actually is a means of great gain when accompanied by contentment. 7 For we have brought nothing into the world, so we cannot take anything out of it either. 8 If we have food and covering, with these we shall be content.

1Tim 6:9-10 But those who want to get rich fall into temptation and a snare and many foolish and harmful desires which plunge men into ruin and destruction. 10 For the love of money is a root of all sorts of evil, and some by longing for it have wandered away from the faith and pierced themselves with many griefs.

1 Tim 6:17 Instruct those who are rich in this present world not to be conceited or to fix their hope on the uncertainty of riches, but on God, who richly supplies us with all things to enjoy

Phil 4:6-7 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Phil 4:11-13 Not that I speak from want (need / lack), for I have learned to be content in whatever circumstances I am. 12 I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. 13 I can do all things through Him who strengthens me.

1 Pet 3:3-4 Your adornment must not be merely external—braiding the hair, and wearing gold jewelry, or putting on dresses; 4 but let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God.

1 Tim 2:1-3 First of all, then, I urge that entreaties and prayers, petitions and thanksgivings, be made on behalf of all men, 2 for kings and all who are in authority, so that we may lead a tranquil and quiet life in all godliness and dignity. 3 This is good and acceptable in the sight of God our Savior

Mt 11:28-30 Come to Me, all who are weary and heavy-laden, and I will give you rest.
29 "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. 30 "For My yoke is easy and My burden is light."

Lk 12:22-34 And He said to His disciples, “For this reason I say to you, do not worry about your life, as to what you will eat; nor for your body, as to what you will put on. 23 “For life is more than food, and the body more than clothing. 24 “Consider the ravens, for they neither sow nor reap; they have no storeroom nor barn, and yet God feeds them; how much more valuable you are than the birds! 25 “And which of you by worrying can add a single hour to his life’s span? 26 “If then you cannot do even a very little thing, why do you worry about other matters? 27 “Consider the lilies, how they grow: they neither toil nor spin; but I tell you, not even Solomon in all his glory clothed himself like one of these. 28 “But if God so clothes the grass in the field, which is alive today and tomorrow is thrown into the furnace, how much more will He clothe you? You men of little faith! 29 “And do not seek what you will eat and what you will drink, and do not keep worrying. 30 “For all these things the nations of the world eagerly seek; but your Father knows that you need these things. 31 “But seek His kingdom, and these things will be added to you. 32 “Do not be afraid, little flock, for your Father has chosen gladly to give you the kingdom. 33 “Sell your possessions and give to charity; make yourselves money belts which do not wear out, an unfailing treasure in heaven, where no thief comes near nor moth destroys. 34 “For where your treasure is, there your heart will be also.

Mk 4:18-19 “And others are the ones on whom seed was sown among the thorns; these are the ones who have heard the word, 19 but the worries of the world, and the deceitfulness of riches, and the desires for other things enter in and choke the word, and it becomes unfruitful.

1 Thes 4:11 Make it your ambition to lead a quiet life and attend to your own business and work with your hands, just as we commanded you

Lk 3:13-14 And he said to them, “Collect no more than what you have been ordered to.” 14 Some soldiers were questioning him, saying, “And what about us, what shall we do?” And he said to them, “Do not take money from anyone by force, or accuse anyone falsely, and be content with your wages.”

2 Thes 3:12, 16 Now may the Lord of peace Himself continually grant you peace in every circumstance. The Lord be with you all! [following “work in quiet fashion and eat your own bread”]

Heb 13:5 Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, “I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,”

Discontentment with spiritual progress

Caveat: Contentment in my “position” in Christ

Rom 5:1 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ

Rom 8:32 He who did not spare His own Son, but delivered Him over for us all, how will He not also with Him freely give us all things?

Col 1:20 Peace through the blood of his cross

Jam 3:16-17 [could be worldly or spiritual relationships] For where jealousy and selfish ambition exist, there is disorder and every evil thing. 17 But the wisdom from above is first pure, then peaceable, gentle, reasonable, full of mercy and good fruits, unwavering, without hypocrisy.

Phil 3:12-14 [In the same section as being content with worldly matters] Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. 13 Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

1 Thes 4:10-11 Excel still more, 11 and make it your ambition to lead a quiet life

Col 4:12 Epaphras laboring earnestly for you in his prayers

Rom 15:30 Now I urge you, brethren, by our Lord Jesus Christ and by the love of the Spirit, to strive together with me in your prayers to God for me

1 Cor 15:10 But by the grace of God I am what I am, and His grace toward me did not prove vain; but I labored even more than all of them, yet not I, but the grace of God with me.

Phil 1:27 striving together for the faith of the gospel;

Col 1:29 For this purpose also I labor, striving according to His power, which mightily works within me.

